

EAT SMART WITH THE LUNCH BUNCH



	Week 1 W\C 2 Oct 2023	Week 2 W\C 9 Oct 2023	Week 3 W\C 16 Oct 2023	Week 4 W\C 23 Oct 2023
MON	Golden Crumbed Fish Fingers OR Mighty Mac'n'Cheese with Garlic Bread Slice Baked Beans & Broccoli & Coleslaw Mashed Potatoes Artic Roll & Peaches	Beef Bolognaise with Garlic Bread OR Stuffed Bacon Roll\Bacon Slice Garden Peas & Savoy Cabbage Oven Baked Wedges, Spaghetti Chocolate Cake & Custard	Spaghetti Bolognaise OR Crispy Cod Fishcake with Tomato Ketchup Baton Carrots & Baked Beans Mashed Potato, Salad Homemade Ginger Biscuit & Custard	Chicken Nuggets OR Homemade Lasagne Steamed Broccoli & Garden Peas Chips, Pasta Ice Cream, Chocolate Sauce & Sliced Pears
TUES	Beef Meatballs with Italian Tomato & Basil Sauce OR Margherita Pizza Garden Peas & Salad Oven Baked Wedges, Pasta Shortbread, Custard & Fruit	Golden Crumbed Fish Fingers OR Tex-Mex Enchilada Mini Corn on the Cob & Spaghetti Hoops & Coleslaw Chips, Pasta Jelly & Mandarin Oranges	Classic Margherita Pizza OR Italian Chicken & Tomato Pasta Bake & Garlic Bread Garden Peas & Coleslaw Chips, Mashed Potato Strawberry Jelly, Ice Cream & Fruit	Spaghetti Bolognaise OR BBQ Chicken Pizza Sweetcorn & Baked Beans Diced Potatoes, Mashed Potatoes, Salad Fruit & Rice Pudding
WED	Lunch Bunch Chicken Curry & Naan Bread OR Bacon Slice Mini Corn on the Cob Steamed Rice, Chips Strawberry Jelly & Fruit	Lunch Bunch Chicken Curry & Naan Bread OR Steak Burger & Gravy Green Beans & Sweetcorn Mashed Potato, Rice Cornflake Biscuit & Custard	Lunch Bunch Chicken Curry & Naan Bread OR Chicken Panini & Coleslaw Steamed Broccoli & Sweetcorn Oven Baked Wedges, Rice Banana Yoghurt Pot	Lunch Bunch Chicken Curry & Naan Bread OR Golden Crumbed Fish Fingers Garden Peas Rice, Salad, Mashed Potato Rice Krispie Square & Fruit
THURS	Roast Chicken, Stuffing & Rich Gravy OR Mexican Chilli with Nachos Baton Carrots & Tossed Salad Mashed Potato Jam & Coconut Sponge & Custard	Roast of the Day, Stuffing & Rich Gravy OR Stuffed Chicken Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream Slider & Fruit	Roast Chicken, Stuffing & Rich Gravy OR Beef Olive Baton Carrots & Savoy Cabbage Mashed Potato Chocolate Sponge & Custard	Roast Turkey, Stuffing & Rich Gravy OR Salmon Fishcake Cauliflower & Baton Carrots Mashed Potato Fruit Muffin
FRI	Tasty Pork Sausages with Tomato Ketchup or Gravy OR Chicken Panini & Coleslaw Sweetcorn & Spaghetti Hoops Chips, Mashed Potato, Salad Melon wedge	Oven Baked Chicken Nuggets OR Admiral's Ocean Pie Garden Peas & Baked Beans Chips, Jacket Potato, Salad Homemade Ginger Biscuit & Fruit	Hotdog OR Chicken Wrap & Sweet Chilli Salsa Garden Peas & Spaghetti Hoops Chips, Mashed Potato Fresh Fruit & Yoghurt	Steak Burger & Tomato Ketchup OR Chicken Crumble Sweetcorn & Salad OR Chips, Pasta Flakemeal Biscuit & Fruit

ALL MEALS TO BE BOOKED AND PAID IN ADVANCE ON SCHOOLMONEY **Menu Choices Subject to deliveries** **Fresh Fish May Contain Bones**

Milk, Water, Bread and Fresh Fruit available daily **If you require any additional information on allergens or special diets please contact the office.**