



### Money Details

SCHOOL DINNERS ARE **£2.60 A DAY.**

Snacks are 30p a day.

**SNACK NOV £5.40**

Money should be paid on SchoolMoney App.

### EARLY BIRD CLUB 8.15-8.45am

Where? In the school hall or outside in the playground weather permitting

**£1.50 a day**

Booked and paid on SchoolMoney App.

Please note school will close early (after lunch) on Friday 28 October as follows:

P1-3 pm 12.20pm

P4-7 12.30pm

### HEALTHY HAPPY MINDS PROJECT

To develop resilience, ability to cope with stress, anxiety and change. If you feel that your child could benefit from these sessions and you would like to find out more, please contact Mrs White or your child's class teacher ASAP.

### AFTER SCHOOL EVALUATION SURVEY

Please complete the survey sent out via google forms. Please be honest and help us to improve our after school provision. We value parental feedback.

### Dates for your Diary

5/12/22 P1-3 Go home@1pm

As we are holding an Open Afternoon for new P1 Pupils

### Christmas Celebration Events

12/12/22 P4 & P6

parents/grandparents are invited to attend @2pm

13/12/22 P1-3 parents/grandparents are invited to attend at 10am and

P5&P7 Parents/grandparents are invited to attend @2pm

*More details closer to the time.*

### SEESAW APP

Could all parents please ensure that they are signed up for Seesaw and have their account active as teachers want to start sending info/photos via Seesaw to all parents. Please contact the school office if you need any help with this ASAP.

**WE ARE AIMING TO BE A 'NUT & KIWI FREE' SCHOOL**



**WE HAVE A NUMBER OF PUPILS WHO HAVE NUT ALLERGIES ENROLLED IN OUR SCHOOL. THEREFORE, WE WOULD ASK ALL FAMILIES TO HELP US TO PREVENT ANY INCIDENTS OF SERIOUS ALLERGIC REACTION.**

**DO NOT SEND ANY NUTELLA OR NUT CONTAINING FOODS OR KIWI IN YOUR CHILD'S LUNCHBOX.**

**WE WOULD ALSO ASK THAT YOU ONLY PACK ITEMS THAT YOUR CHILD CAN EAT INDEPENDENTLY IN SCHOOL. E.G. IT IS NOT ALWAYS POSSIBLE TO PEEL OR CUT UP APPLES. PLEASE REMIND YOUR CHILD NOT TO SHARE FOOD ITEMS IN THEIR LUNCH BOX WITH OTHERS. ITEMS NOT EATEN IN SCHOOL SHOULD BE TAKEN HOME.**

### School Holidays 2022/23 (All dates Inclusive)

**Autumn Term** Commences Tues 30 Aug 2022

Half term Break 31 Oct-4 Nov (5 days)

Christmas Holiday 21-30 Dec (8 days)

2-4 Jan (3 days)

**Spring Term** Commences Thur 5 Jan 2023

Half term Break 14-17 Feb (4 days)

St Patricks Day 17 March (1 day)

Easter Holidays 3-14 April & Mon 17 April (11 days)

**Summer Term** Commences Tues 18 April 2023

1 May 2023 (1 day)

26 May 2023 (1 day)

29 May 2023 (1 day)

School Year ends **12 noon** 30 June 2023

## Dates for the diary...

- 5 October** Well-being Wednesday Activity Today
- 6 October** P5-7 STEM DAY with Sentinus in school
- 11 October** **PHOTOGRAPHER IN SCHOOL** – Make sure you are looking your best! Single photos and family photos can only be taken for children whose parent has registered and given consent.
- 13-14 October** P7 Parent Interviews
- 17-21 October** NI Energy Saving Week – We will send home more info about this school challenge to save energy at home.
- 21 October** School Football Team attend Tri-county Football Tournament, Cookstown 10-12noon
- 27 October** School Fundraising Event – more details to follow
- 28 October** School Closing P1-3 12.20pm and P4-7 12.30pm

## Healthy Breaks and Lunchboxes

The Northern Ireland Curriculum includes educating children to make healthy choices for themselves in relation to food, drink, habits and lifestyle. We encourage our pupils to think about having a balanced diet and try to include physical activity in their daily routine in order to help exercise their bodies.

We are asking parents to support us with this aim and encourage your children to bring a healthy break and lunch to school, if they are not participating in the school healthy break initiative or having a healthy school dinner.

*This means keeping sugary snacks and crisps to a minimum.* This is also one of our ECO targets in school.



### ECO AND PUPIL COUNCIL 2022-23

We are delighted to have our ECO and Pupil Council established for the year ahead. We are excited to see what we will achieve with these enthusiastic young people.

### **BOOK APPEAL**

**If you have any children's novels that you are finished with, that are in good condition, we are happy to receive them for the AR library.**

**We also encourage you to use our recycling clothing bank as we receive funds from the recycling company. Thanks for your continued support.**

## ***READ to recharge and to keep up!***



We encourage our pupils to **read for pleasure** as research shows reading is vital in helping children's literacy development and educational success. We also encourage them to read because **it helps their wellbeing**. Books can offer entertainment, escape from stress or normal routine and a much needed screen break!

We would like to remind parents of the importance of your child reading at home each day and completing all homework set by the class teacher.

**Written homework** should be signed by parents to show that you feel that your child has done their best.

**It is important that children take special care of all reading books and AR books and/or textbooks sent home as these items cost money to replace and the budget is especially limited.**

### **ONLINE SAFETY – Important for us all**

It is important to talk to your child regularly about what they are doing online. Please make sure that they know they should always talk to you or another 'trusted adult' if they have concerns about anything they have experienced online.

Please make sure the appropriate **privacy settings** are set up on the apps your child is using and make sure that your child knows **how to block and report others** if necessary.

Please chat to your child and remind them about being kind to others whether it is face to face conversations or actions or something written online. Anything typed online is discoverable and can be traced. We want children to appreciate that nasty comments online can be very hurtful and damaging to other children.

We want all pupils to be kind to others and know how to protect themselves from harm as well. In recent times we have had to deal with negative online behaviour involving the use of social media outside school hours. This can have a harmful effect on children's wellbeing and ability to concentrate and learn in school. **We need Parental support to tackle this issue and support our children to give them the information that they need for an ever changing digital world.**

Internet Matters have produced a parent guide outlining what you need to know about Online Grooming:

<https://www.internetmatters.org/resources/online-grooming-guide-what-parents-need-to-know/>

For more information about a new social media app 'BeReal' please click on the link below:

<https://www.childnet.com/blog/bereal-a-guide-for-parents-and-carers-about-the-new-social-media-app>